

DAPP

Development Aid from People to People in Zambia

"Working shoulder to shoulder with the people"

DAPP Headquarters, Ndola.
Email: info@dappzambia.org
Phone: +260 975 251 222

DAPP Partnership Office, Lusaka.
Phone: +260 972 268 454

Clothes and Shoes No: +260 977 427 565

Issue No. 2025/001

www.dappzambia.org

Free Copy!

January, 2025 Newsletter

Couple rises above HIV stigma...

JOSEPH: "...I love my wife from the bottom of my heart. I have accepted her status and support her on treatment

After discovering HIV treatment drugs in his wife's bag, Joseph Banda of Petauke's Mumbi village was determined to end his marriage.

"...I thought about divorcing my wife because I felt betrayed. But DAPP TCE [Total Control of the HIV/ TB Epidemics] Field Officers counselled and showed us the HIV prevention and care options that are available to us as a couple," recalls Joseph while adding about his wife; "...nimukonda ngako kuchoka pansi pamutima [I love her from the bottom of my heart]."

Joseph is now taking PrEP for HIV prevention. Lauzi Zulu, on the other hand no longer hides her



Joseph Banda (left) and his wife, Lauzi Zulu at their residence in Petauke, Eastern province

treatment from her loved ones, which has improved her treatment adherence to achieve viral load suppression.

"My husband and my mother are members of my trio. They support me on my treatment," she disclosed while adding;

"...we welcomed our son, and because I adhered to treatment and delivered at the health facility, our son is HIV negative."

DAPP Zambia, with support from the Centers for Disease Control and Prevention, CDC is carrying out the TCE

project in over 1,373 health facilities in all districts of Southern, Lusaka, Eastern and Western provinces of Zambia to contribute towards global efforts to achieve HIV/ TB epidemic control by 2030.

DAPP, communities partner to keep Ndola clean...

DAPP Zambia members of staff, volunteers and community members joined the Ndola City Council in cleaning efforts, while also donating waste bins, cleaning supplies,

gloves and masks.

"...it takes all of us residents of Ndola to maintain a clean and healthy environment to prevent diseases such as Cholera, especially during the rainy season," stated DAPP Programmes Director, Mwansa Katunga while handing over the waste bins.

And Ndola City Council Director of Public Health, Hubert Mwanza warned against vandalising the waste bins and using them for scrap metal.



DAPP Clothes and shoes staff during cleaning campaign in Ndola



DAPP Programmes Director, Mwansa Katunga loading waste bins during keep clean campaign in Ndola

I am earning an income through reselling clothes...

Using social media platforms to advertise his second hand clothes and shoes, Jonathan Sakala of Choma district in Southern province says he has grown his business, and he is able to send his children to school and provide for his family.

"I started buying and reselling clothes from DAPP Shops in 2010. Before this business, I used to sell vegetables and tomatoes," he explained

"From Monday to Saturday, I buy clothes and shoes worth more than K600 daily that I resell. The clothes and shoes from DAPP shop are good, the prices are affordable and they are unique. That is how I have been able to send my children to school, pay rent, and buy household goods," he added.

He has since helped some of his friends to start the same business so that they too, can earn an



Jonathan Sakala at one of his stands in Choma district, Southern province

income.

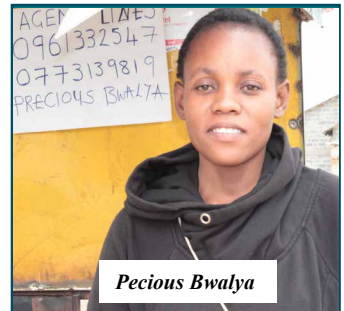
"I move around in town to look for customers. I even go as far as Kalomo and some of the clothes, I sell at my stand here in Choma. To reach more customers, I post what I buy for resale on social media. For customers out of town, I deliver to them when they make orders," he narrated.

Jonathan is one of thousands of traders that

buy clothes and shoes from the 38 DAPP shops across the country for resale to earn an income.

DAPP's clothes and shoes project is contributing to direct and indirect job creation.

The project also contributes towards efforts to mitigate the impact of climate change through prolonging the lifespan of clothes and shoes through reuse and recycling.



Precious Bwalya

Precious BWALYA: "I became a single mother at the age of 20 in 2014 while waiting to go to college.

When my neighbour saw how I was struggling to support my child, she introduced me to DAPP Youth in Action. The project, among other activities, trained us in different skills. I chose tailoring.

From the Veranda of my parents' home, I have grown my business through designing clothes and training other youths. Today I have an airtel money booth, a poultry and I am able to sustain myself and my family."

From silence to advocacy: A survivor's fight against TB and stigma

In 2023, while nursing her sister-in-law, Alice Musonda, 49 was exposed to tuberculosis (TB). At first, she dismissed the symptoms—rapid weight loss, night sweats, loss of appetite, and extreme weakness.

"Due to stigma, I pretended to be fine—but my health was deteriorating. My weight dropped to 50 from 70 kilograms. I suffered in silence. I confided in the DAPP TCTB [DAPP Total Control of TB] Field Officer in Matero, who immediately collected my sputum which confirmed I had TB. I was initiated on treatment immediately," she said.

The news spread quickly. Some of her clients stopped taking their clothes for tailoring to her shop.

"The project linked me to treatment, supported me with nutrition, and I regained strength. I was also introduced to a savings

group where I borrowed K200 and started to sell groceries. The help I received didn't just save my life—it gave me the tools to rebuild it," she said.

To act against stigma, Alice brought her neighbors together and

requested the DAPP Field Officers to conduct TB awareness.

"I completed my treatment in 6 months. My husband—once driven by fear and misinformation, now supports me. We have become community TB advocates," she said.



Alice Musonda at her savings and lending group

Charcoal producers turn to new livelihoods

...DAPP's Alternative to Charcoal helps former charcoal producers to explore other income sources

Local charcoal producers and farmers in Kalumbila and Solwezi districts of North Western province are turning to sustainable livelihoods in a project aimed at reducing local communities' dependence on charcoal and creating resilience for rural farmers through other sources of income.

DAPP Zambia's Alternative to Charcoal (A2C) project is bringing over 1,500 households, including 600 former charcoal producers into Farmers' Clubs to work together towards a common goal to reduce charcoal production.

The project is supported by USAID through Tetra Tech.

"The project recognises that to sustainably



Former charcoal producers harvesting their Butternut at Kamiba area of Kalumbila district of Northwestern province in the Alternative to Charcoal project

discourage charcoal burning, we need to promote alternative sources of livelihoods. We are bringing farmers together and giving them various inputs including beans, horticulture, and butternut seeds, as well as bee hives. To enhance production, we also

supported the farmers with solar water pumps," explained Project Grant Administrator, Alpha Kabamba.

Alternative to Charcoal also connects farmers to markets and post-harvest handling management.

"..for example Katajika Farmers' Club brought

together farmers that have never produced Butternuts before and they worked together to harvest a good crop that they sold to offtakers such as MKP Farms that are selling the products to markets elsewhere. Other crops were sold by farmers to the open market," he added.

Women working together in self-help groups

...to improve their living conditions and that of their communities.

Nancy MWILA: *I am a mother of two and live in Kabwe. When I joined the savings and lending group along with other women in my community, I started saving a K10 (0.38 USD) per week. I continued to save and borrow at very low interests rates and started doing business. I started selling tomatoes, Kapenta, groundnuts, packs of mealie meal, and freezits.*

After sometime, I was able to raise K6,000 (225 USD), to buy a piece of land where, together with the help of my husband, we are building our family house.

These Self-Help Groups are



Nancy Mwila

very beneficial for us and our community because we are becoming economically active and improving our living conditions, and the welfare of our communities through working together.

Street outreach guidelines excites DAPP

DAPP in Zambia is excited with the newly launched guidelines on handling children in the street by the Ministry of Community Development and Social Services aimed at improving the welfare of children in street situations.

The guidelines seek to provide structure and concerted efforts among partners to provide lasting solutions to the challenge of streetism in Zambia.

Minister of Community Development and Social Services, Doreen

Mwamba cautioned the public against giving money or food to the children on the street and using them for labour. She explained that such activities keep them on the street which is very unhealthy and dangerous for them.

Meanwhile, Brother Isaac from St. Lawrence Home of Hope said: "When children remain on the streets – they will end up breaking the law, in Chainama due to mental health and drugs or they might end in the cemetery."

Changing lives beyond the classroom walls...

After graduating from DAPP Mkushi College of Education, Sydney Chisumo was sent to Ching'ombe Primary School in the Luano valley in 2021.

"...when I was first deployed here, I faced the usual challenges other rural teacher face, such as inadequate social amenities, infrastructure and harsh weather conditions. Luano is usually cut off from the rest of the district during the rainy season," explained Chisumo.

However, these challenges cannot match his commitment to serve in rural areas. Apart from teaching his Grade 3 class, he started an adult class to help parents acquire basic literacy skills.

"It takes both the parents and the teacher to educate a child. But parents find difficulties to help their children, or take interest at all if they are not able to read or write.



...but seeing a mother reading a full sentence for her first time, reminded me why teaching every child, especially those in rural areas really matters. I believe that when parents embrace education, it becomes easier to also discourage vices such as early marriages," he added

"...DAPP Mkushi College equipped me with skills and experiences that helped me to adapt to and embrace any environment. I got both theory and practical, hands-on skills such as agriculture," narrated Chisumo.

He has since started a school garden using sustainable agriculture, catching the attention of parents—who are mostly farmers, and now they visit to learn how to grow crops using manure instead of chemical fertilizers.

"Even when I don't have a teaching aid, I rely on tools in my natural environment to help my pupils to connect with reality," he said.

Meanwhile, Luano District Education Board Secretary (DEBS), Victor Simufwi commended the college's teacher training

approach.

"...I do not have problems with teachers from DAPP College bothering my office with requests for transfers, thanks to their mental preparation to serve in challenging environments. They are unique," stated Simufwi.

He added that the college's policy that mandates teachers to do their teaching experience in rural areas helps to close the teacher deficit gap in the rural areas.

Good sanitation is a human right...



"My toilet collapsed a few hours after I came from there during the last rainy season. Luckily, there was no one inside at the time it collapsed, otherwise, it would have been a disaster.

It was a dug-in pit latrine that was not properly secured. That was what we normally used and we would shift from one temporary makeshift latrines to another when it was full," recalls Ireen Kashimba of Kalumbila's Kambazhi village, while stepping on her Sanitation Platform (SanPlat), an improved toilet structure that DAPP Zambia trained Latrine Masons under the WASH project are building for her.

ENROL NOW!



Join a teacher training college committed and dedicated to equipping you with holistic skills to adapt to any environment and serve the underserved rural pupil.

For more call the Principal on:
0977 334 576/ 0968 845 150
stevenfunjika@dappzambia.org